

KINGMAN, AZ



ANDREW CASSEL

- Co-Owner/Artistic Director of **Rise Dance Co.**
- Choreographed productions of **“Footloose: The Musical”**, Disney’s **“High School Musical: On Stage”**, and **“Bring It On: The Musical”**
- Nominated for the prestigious **Bobby G. Award** in 2018
- Choreographer of **“Alphabet Street”** featuring the music of **Prince**
- Earned his Dance Degree from the **University of Northern Colorado**

SYDNEY KNUDSON MITCHELL

- Travels extensively throughout the **US** and **Australia** directing, judging and producing dance competitions and conventions, including **Wild and Axiom Dance Conventions**
- Opening choreographer for **Legacy Dance Championships National Finals** for multiple seasons
- Holds two **Bachelor of Science** degrees in **Dance** and **Organizational Sciences** as well as certifications in **Ellove Technique, PBT, Acrobatic Arts** and holds a **BASI Pilates** certification
- Co-owner of **DaytoDay Dance Teacher**, a dance lesson planning company designed to support and elevate dance educators

KAILIN METZ

- Currently performing with **The Dana Metz Company**
- Danced with **Royal Flux** dance company for 6 years
- Trained at **Hubbard Street Dance Chicago**
- Teaches and choreographs at studios across the Southwest

JANUARY 30-31, 2026

PROJECT MOVEMENT
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